

Happy Trails Riding Academy

A publication of Happy Trails Riding Academy, a nonprofit organization of therapeutic horsemanship for people who have cognitive, physical or emotional disabilities.

Fall 2018

Meet Hope

Happy Trails is shining brighter with its newest little ray of sunshine! Hope Reid came to Happy Trails in the summer of 2017 when her family relocated to California. Diagnosed with a sensory processing disorder at the age of three she had been participating in a therapeutic riding program in Zionsville, Indiana. Eager for Hope to continue riding, her mother Lindsay contacted Happy Trails before their move to start the enrollment process. Without skipping a beat in her therapy, Hope arrived just in time to participate in Happy Trails Camp.

From her first visit, Hope has been an enthusiastic participant in all of her activities at Happy Trails. When asked if she has a favorite horse, she responded, "I like Ridge, I like Emma, I like Splash—I just can't pick a favorite!" However, she won't hesitate to tell you her favorite class so far has been vaulting. Never one to shy away from a challenge, she excelled in this very physical class. She also enjoyed her second year at Happy Trails Camp and was excited to have her brother, Hunter, join in the fun with her this summer.

At eight years old, Hope is also a very enterprising young lady. Sensory processing disorder (SPD) gives Hope a desire to invigorate her senses because her world feels "off balance." SPD is on a spectrum and Hope falls on one side of it as a sensory seeker. She and her mother love to create and serve others. Creating soaps and beauty products gives her the opportunity to use all her senses and feel "balanced." She loves experimenting with mixing scents and ingredients. Hope Soaps, LLC came about from a desire to provide an opportunity for Hope to raise money to care for the horses she loves so dearly at her riding facilities in Zionsville and now in Tulare. She donates a portion of each sale made from her website and her trade show booth to both programs.

Roundup



Hope Reid riding Kitty with volunteers
Garen Oliveira and Jesus Alvarez

She will soon receive recognition for her efforts. Hope was at her booth at the Rusty Roots show in May explaining her products and mission to raise money for "her horses" to a few customers. Unbeknownst to her, she was talking to several Tulare County United Way staff members. They were very familiar with Happy Trails, as it is a UW affiliate agency. After hearing her story they took her card and contacted her a few months later telling her she was named the "Young Advocate of the Year." Hope was very surprised and looks forward to receiving the award with her family and friends supporting her at the UW Annual Awards breakfast August 31.

Continued on page 2

Happy Trails "Round Up"

Friday, October 5 at 6pm

To Reserve Your Tickets or

Table Please Call (559) 688-8685

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2018 Camp Happy Trails

For the second summer we decided to shake things up from our regular riding session and indulge our students and volunteers (and staff!) in a series of unmounted equine activities in the form of Camp Happy Trails. Each week had a unique theme and included games, snacks, a take-home craft, and a whole lot of learning! Who knew there was so much to know about horses that didn't involve riding?

We had the pleasure of hosting a number of industry experts throughout our camp (two-legged and four-legged alike), and, even though we weren't riding, members of the Happy Trails herd joined us at times for demonstrations and activities. The summer fun culminated at AgVentures Museum in Tulare with a scavenger hunt, sunflower planting, pizza party and a lot of fun!

As with all the programs and events we offer, we have a lot of people to thank for the time and resources they shared to make this endeavor a success: Visalia County Center Rotary, Chef Becky Rankin, Music Teacher Eric Anderson, Oakstreet Fitness Studios, Fitness Trainer LaDonna Rivenbark, Tai-Chi Teacher Darci Alexander, Farrier Mike Joseph, Dr. Jennifer Earnest and Pacific Crest Equine.



Drama Week



AgVentures

Fitness Week



Hope Continued from page 1

It has been a joy to have Hope in our program. And wonderful to hear she and her family feel the same way. "We are so very grateful for Happy Trails," said Lindsay. "They have provided a fun nurturing environment where Hope feels loved and accepted. She enjoys her time in class and camp and joyfully anticipates each visit!"

For more information on Hope Soaps visit hopesoapsindy.com.



Horse Wellness Week

Happy Trails Round Up

Join us for our Annual Round Up event, on Friday, **October 5, 2018** at 6:00pm at our facility. It is a fun filled night, with good food and good company all while benefiting Happy Trails. Event festivities will include a social in the horse barn with featured Happy Trails riders, silent auction, a fabulous dinner catered by Sue Sa, a blind wine pull, photo booth and music. And... we are holding an opportunity drawing for a **2014 Dodge Ram Truck** valued at over \$15,000 donated by HR Mobile!



Ways to get involved in this year's Round Up:

1. Be a Sponsor – sponsorship levels start at \$250
2. Attend the Event- tickets are \$35 and a table of 8 for \$280
3. Buy a ticket to WIN the truck- \$100 donation per entry

ONLY 200 TICKETS WILL BE SOLD

Eagle Scout Projects



Will Bigelow

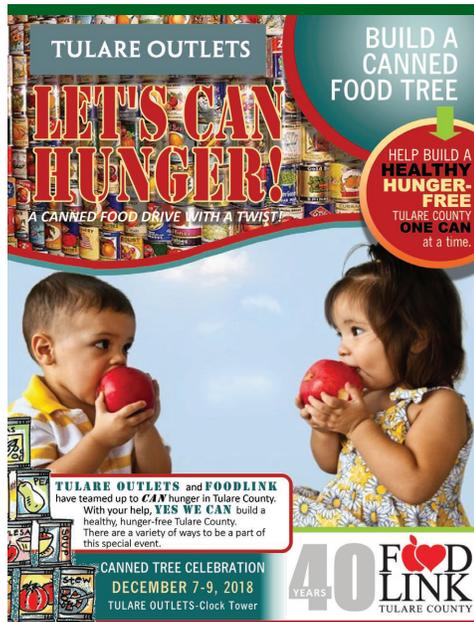
The Eagle Scout Service Project is the opportunity to demonstrate leadership while performing a project for the benefit of the community. Over the years Happy Trails has been the recipient of many great projects around our facility. We have had the privilege of working with two outstanding young men the past few months. Will Bigelow designed and constructed two new obstacles for our riders; a "covered wagon" walk through and a narrow bridge. Both of which were a big hit at our 2018 Trail Challenge. Arie Prins' project consisted of planting shade trees in our new pastures. He built tree barriers by setting poles, welding pipe and of course painting the new fence before planting the trees.

Both projects will be enjoyed by Happy Trails for years to come.

Thank you Will & Arie!



Arie Prins

A promotional graphic for a canned food drive. It features a collage of various canned food items at the top. Below the collage, there are two photos of children eating apples. Text on the graphic includes "TULARE OUTLETS", "LET'S CAN HUNGER!", "BUILD A CANNED FOOD TREE", "HELP BUILD A HEALTHY HUNGER-FREE TULARE COUNTY ONE CAN at a time.", "TULARE OUTLETS and FOODLINK have teamed up to CAN hunger in Tulare County. With your help, YES WE CAN build a healthy, hunger-free Tulare County. There are a variety of ways to be a part of this special event.", "CANNED TREE CELEBRATION DECEMBER 7-9, 2018", "TULARE OUTLETS-Clock Tower", and "40 YEARS FOOD LINK TULARE COUNTY".

Canned Tree Drive

Happy Trails is excited to host a canned food tree at the Tulare Outlet Center this holiday season. Our tree will be assembled on December 5th and on display through December 9th. All canned food from the drive will be donated to Food Link Tulare County for distribution. We need help to collect **600** cans by December 1st. If you would like to donate please call our office.



*An investment from your heart...
Riding builds strong wills*

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Abigail Update

This fall marks Abigail's sixth year with Happy Trails. Our sweet and sassy miniature donkey continues to keep the staff, volunteers, and riders on their toes with her playful antics. Visitors are always especially surprised by her bellowing bray and general gregariousness. (Despite her stature, she has quite a bit to say!) She can be seen in the pasture busting a move in the grass with Kitty and Splash or rolling in the dust just on the other side of the gates. In her downtime, we often catch her dozing with or grooming Tom, her sweet gray cat.



Abigail and Tom



A Tip of Our Hat to the
Beneto Foundation for their
continued support of our program